




2007 Class Schedule

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| | Monday | Tuesday | Wednesday (Sparring) | Thursday (Sparring) | Friday | Saturday | Sunday |
|--------------------------|--|--|--|--|--|---|--------|
| 3:30 pm to 4:20 pm | All Belts 6 and Under | All Belts 6 and Under | All Belts 6 and Under | All Belts 6 and Under | All Belts 6 and Under | <p>Weekends are Reserved for Special Training Sessions, Camps, Seminars, and Private Instructions, all of which will be announced in advance.</p>  | |
| 4:30 pm to 5:20 pm | White – Adv. Blue Belts 11 and Under | All Belts 11 and Under | White – Adv. Blue Belts 11 and Under | All Belts 11 and Under | All Belts 11 and Under | | |
| 5:30 pm to 6:20 pm | All Belts 11 and Under | White – Adv. Blue Belts 11 and Under | All Belts 11 and Under | White – Adv. Blue Belts 11 and Under | White – Adv. Blue Belts 11 and Under | | |
| 6:30 pm to 7:20 pm | 1 st Dan Black Belts and Up | All Belts 12 and Up* | Red – Deputy Black Belts | All Belts 12 and Up* | All Belts 12 and Up* | | |
| 7:30 pm to 8:20 pm | All Belts 12 and Up | All Belts Adults | All Belts 12 and Up | All Belts Adults | All Belts Adults | | |

* Junior Black Belts under 12 may attend these classes.